

Slips, Trips and Falls

Here are some tips for avoiding slips and trips:

- Report and clean up spills immediately.
- Place hazard signs warning of spill area.
- Look before you walk – make sure your pathway is clear.
- Make sure walkways and stairs are well lit.
- Wear slip-resistant, well-fitted footwear.
- Secure wires, cords and cables away from walkways.
- Be aware of ice and snow – wear boots or slip resistant shoes.
- Keep your line of vision clear when carrying objects.
- Take care when walking on uneven surfaces.
- Change directions slowly, especially if you are carrying something.
- Report all loose carpets, tiles, and floorboards.
- WALK, DON'T RUN!

